



**A WORLD**  
**FREE** from  
**SUICIDE**

Join EDC in **making the vision a reality.**

Around the globe, **families** are losing loved ones, **workplaces** are losing talented employees, and **communities** are losing valued members.

They are dying from something that is preventable—suicide. And yet, suicide rates continue to rise.

No one should be alone when they hurt. No one should suffer in silence for fear of stigma, judgment, or discrimination. And no one should encounter a health care system that is ill-prepared to meet the needs of someone in pain, whether mental or physical.



WE NEED TO DO BETTER.  
WE KNOW HOW TO DO BETTER.





# CHALLENGE

**33%**

Since 1990, the rate of suicide has increased 33 percent.

**10<sup>TH</sup>**

Suicide is the 10th leading cause of death in the United States for all ages.

**2<sup>ND</sup>**

Since 2016, suicide has been ranked the second leading cause of death for ages 10–34 and the fourth leading cause for ages 35–54 in the United States.

*SOURCE: National Center for Health Statistics, 2018*



AND WE CAN **DO BETTER.**

# A UNIFIED Approach



Whether at work, at school, in the military, or in hospitals, doctors' offices, or government agencies, **effective suicide prevention** starts with these key elements:

- **Taking a comprehensive approach** to ensure individuals are supported by policies, treatments, supports, prevention, interventions, and aftercare that work
- **Promoting collaboration and awareness** to bring together those dedicated to reducing suicide
- **Turning research into practical solutions** and making what we have learned widely known at every level of society
- **Transforming health systems** so that every health care practitioner and the system they work in is prepared for and provides the highest level of safer suicide care
- **Changing the way we talk about suicide** by discussing it as both a mental health and a public health challenge, informed by lived experience



# WHAT We Do

From clinics to communities, Education Development Center brings **proven leadership** and **expertise** to suicide prevention and safer suicide care.

We listen to those who have attempted suicide or have lost a loved one and incorporate their lived experience into what we do every day. Our work includes:

- Engagement of public and private sector leaders to advance suicide prevention policies and practices
- Capacity building at the national, state, tribal, territorial, and community level
- Individual consultation to respond to needs in the field

**SUICIDE PREVENTION. WE KNOW IT. WE DO IT.  
TOGETHER, WE CAN MAKE A DIFFERENCE.**

# EDC IMPACT

REACHED OVER

# 50,000

MENTAL HEALTH PROFESSIONALS

The Assessing and Managing Suicide Risk (AMSR) training program has reached over 50,000 mental health professionals, resulting in a significant increase in assessing and managing suicide risk.

# 64%

REDUCTION IN  
SUICIDE DEATHS

A state health care system achieved a 64 percent reduction in suicide deaths in the first 24 months after implementing Zero Suicide.

## JOIN EDC IN PREVENTING SUICIDE

[DONATE](#)

Help make the vision of a world  
free from suicide a reality.

[edc.org](http://edc.org)

### Sponsor an AMSR training for clinicians in your community

One-day workshops for behavioral health professionals on assessing and managing suicide risk

[sprc.org/training-events/amsr](http://sprc.org/training-events/amsr)

### Support the National Action Alliance for Suicide Prevention

Diverse partners from the public and private sectors working together to advance suicide prevention

[theactionalliance.org](http://theactionalliance.org)

[twitter.com/edctweets](https://twitter.com/edctweets)

[facebook.com/edc.worldwide](https://facebook.com/edc.worldwide)

[go.edc.org/linkedin](http://go.edc.org/linkedin)



REDUCING THE ANNUAL  
SUICIDE RATE

**20%** BY 2025

The National Action Alliance for Suicide Prevention is working with 250 top leaders from the public and private sectors to advance the nation's goal of reducing the annual suicide rate 20 percent by 2025.

SCREENING INCREASED

**40-65%**

At a large regional health care center, screening increased from 40 to 65 percent as a result of guidance from EDC's Zero Suicide Institute.

**Take advantage of the resources offered by the Suicide Prevention Resource Center**

Consultations, trainings, and resources provided by the only federally funded center devoted to advancing the *National Strategy for Suicide Prevention*  
[sprc.org](http://sprc.org)

**Contact us for support as you develop and implement your own suicide prevention program**

[contact@edc.org](mailto:contact@edc.org)

**Visit our program Prevention Solutions@EDC**

Learn more about the connection between substance misuse and suicide  
[preventionsolutions.edc.org](http://preventionsolutions.edc.org)

**Sponsor a Zero Suicide Academy™**

EDC's signature two-day training for leaders of health and behavioral health care organizations that seek to reduce suicides among patients in their care  
[zerosuicideinstitute.com](http://zerosuicideinstitute.com)



Our partners include federal, state, and local agencies, private philanthropies, foundations, nongovernmental organizations, and industry executives.



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