

Transforming Behavioral Health Together

EDC brings over 60 years of cross-disciplinary experience at the intersection of public health, education, and science to behavioral health innovation. We co-design, implement, and study data-driven solutions that strengthen systems, advance prevention, and improve care at scale.

Our services include:

- **Collaborative partnerships** with health systems, payers, agencies, schools, communities, and states that improve how mental health and addiction services are organized, delivered, and measured.
- **Digital innovation** grounded in behavior change science. We support the development of evidence-based tools that help shift the habits and outcomes of people of all ages.
- **Tech-enabled workforce development and change management** for behavioral health and health care practitioners, leaders, and administrators; K-12 educators; and other providers of care and support.
- **Data-driven improvement and innovation networks** that build capacity for continuous quality improvement, measurement-based care, and value-based care.
- **Promotion of youth agency** through working across sectors to develop programs that equip and empower youth to wisely use digital media, including artificial intelligence.
- **Human-centered co-design** with community leaders, frontline providers, youth, and people with lived experience to turn research into practical tools that fit real-world needs.
- **Assessments** of behavioral health care ecosystems, including workforce capacity, distribution, retention, access barriers, and digital readiness by population and place.
- **Rigorous, user-centered evaluation** that enables partners to track progress, refine tools and strategies, and demonstrate impact on behavioral health access, quality, and outcomes.



AREAS OF EXPERTISE

Digital Behavioral Health Solutions

Suicide Prevention

Youth Digital Wellness

School Mental Health

Substance Misuse Prevention

Systems Change

Implementation Science

Postpartum Depression

Youth and Family Mental Health

Workforce Development

Problem Gambling Prevention

→ For more information, contact: Kim Dash, kdash@edcorg; 617-618-2425



A Partner in Systems Change

Tools that Support Self-Management and Clinical Care

We co-design, co-develop, and test digital programs. For example, [VetChange](#) is an online program that helps veterans and service members cut back on problem drinking. [PTSD Treatment Decision Aid](#) supports people in choosing the care that fits them best.

Enhancing Youth Digital Wellness

We co-create solutions to increase youths' digital wellbeing and sound tech habits. Working with young people, families, [schools](#), and [communities](#), we turn research into practical strategies to build digital agency, support healthy technology use, and help youth navigate digital media, including artificial intelligence, with confidence.

Strengthening Behavioral Health Systems

For over 30 years, we have partnered with health systems, health plans, schools, state and local government agencies, communities, and tech companies to redesign how mental health and behavioral health services are organized, delivered, and measured.

We improve access, safety, equity, and outcomes and help organizations build sustainable, data-driven improvements in care.

Explore a few of our initiatives:

[Zero Suicide Institute](#)

[MTSS for Student Wellbeing](#)

[Community-Led Suicide Prevention](#)

[Digital Wellbeing Workshops](#)

[Award-Winning Professional Learning](#)



ABOUT

EDC works with partners in communities and states, nationwide, and worldwide to advance every person's journey to learn, work, and be well. Since 1958, we have been a catalyst for community-led initiatives that promote sustainable change and advance effective solutions to pressing challenges.